

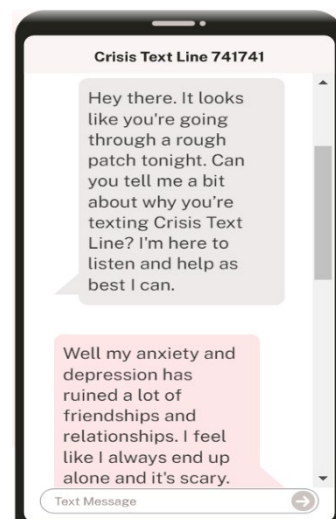
CCP Integrated Behavioral Health Urgent and Emergency Care Resources

Mobile Crisis and Text Lines

741-741- emotional distress, text HOME to 741-741 to connect with a counselor immediately. Text HOME to 741741 from anywhere in the United States, anytime. The Crisis Text Line is to be used for **any crisis, emotional support or distress. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform.** The volunteer Crisis Counselor will help you move from a hot moment to a cool moment.

988- Patients who are struggling or in crisis. Call or text 988 or chat 988lifeline.org the National Suicide Prevention Lifeline for 24/7 emotional support.

911- If you're having a medical or mental health emergency, call 911 or go to your local ER.



Police and Mobile Crisis by County

Albany		
Police: (518) 438-4000 Sheriff: (518) 487-5400	Mobile Crisis Team: (518) 549-6500	Northern Rivers: (518) 447-4550 <i>-Note: ask for Child and Adolescent Mobile Crisis</i>
Saratoga		
Police: (518) 584-1800 Sheriff: (518) 885-6761	County Mental Health Center: (518) 584-9030	
Rensselaer		
Police: (518) 462-7451 Sheriff: (518) 266-7640	Samaritan Hospital Crisis: (518) 271-3540	
Schenectady		
Police: (518) 630-0911 Sheriff: (518) 388-4300	Ellis Hospital Crisis Line: (518) 243-4000	
Greene		
Sheriff: 518-943-3300	Mobile Crisis Assessment Team (MCAT): (518) 943-5555	REACH Help Line: (518) 943-4482
Schoharie		
Schoharie Sheriff: (518) 295-8114	MCAT: 1 (844) 732-6228	

Child Protective Services (CPS): (800) 342-3720/ Adult Protective Services: 1-844-697-3505

- **For more information, visit www.albanyccp.org or call 518-438-4000.**